

## Chairman's Chatter

Once more our Summer Charity event was extremely successful, raising over £1000 for Kinder Mountain Rescue. My thanks go to all of you who helped in any way, especially to the committee who put in hours of work preparing for it as well as working on the day. I also want to thank all of you who donated items or who attended for your generosity. Members appeared to be having an enjoyable time whilst at the same time raising money for this year's charity. Many of you commented on it being an extremely worthwhile charity.

Another social event that we have organised is a coffee morning on October 7th at St Paul's Church Hall. Some members felt that they didn't get time to socialise at the monthly General Meeting and would like the opportunity to meet and talk with other members on a regular basis. We decided we would experiment with a coffee morning, with the possibility of arranging this a few times a year if it resulted in being popular. If you feel that this would be a valuable experience please come and support it. We are hoping that some of the group coordinators will attend so that members can find out more about the different activities available.

Following a request last year for our U3A to lay a wreath at the cenotaph on Remembrance Sunday we have arranged to take part in the ceremony at Mellor Cenotaph on the morning of Sunday November 13th. It would be appreciated if some of our members could support us on that occasion. Please put the date in your diary.

Many of our members have donated articles for a Christmas booklet. Three of the committee have spent hours editing this and it is now just about ready for printing. It includes a wide variety of items giving a very interesting read. We are hoping to have it on sale at the September meeting, price £2. All the proceeds from the sales will be going to this year's charity, Kinder Mountain Rescue. We would appreciate our members continuing to support the charity by buying the booklet.

I have been made aware by a few of our members that Marple's Sorting Office is possibly closing. Some of you may have concerns about where you will collect undelivered mail if this were to happen. For more information about this please contact your local Post Office.

*Shirley Hammond*

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## The Christmas Booklet

The booklet is now on sale at the monthly meetings, or from Jenny Summers, Ulla Mehta or Malcolm Moss at a cost of £2.00.

All proceeds from the sale of this will go to this year's Charity, Kinder Mountain Rescue Team.

It is a very interesting and amusing booklet with a lot of information about how Christmas traditions began and how things are so different to what they used to be.

We hope that you will all buy a copy for yourself and also buy for friends and family.

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## U3A Coffee Morning

This is an opportunity for members to come along, meet up with other members to socialise and have a chat with other members.

We hope that some Group Leaders will be able to attend so that members are able to see what Groups we have and learn about the things the groups do.

Please put a note of this in your diary and try to come along and meet other members.

**FRIDAY 7th OCTOBER - 10 am to 12 noon**

## Outings Group

Thanks to Carol Rice for once again organising an excellent trip to Southport Flower Show in August. An excellent day in glorious weather was had by all.

### Tuesday 4th October 2016      Wedgwood new Exhibition Centre and Trentham Italian Gardens

Details of this outing are in the May 2016 newsletter. There are 4 places available at £26 p.p. (or with sandwich lunch £36 p.p.) Please contact organiser by telephone or at the September General Meeting.

### Thursday 24th November 2016      Tatton Park Mansion and Christmas Lunch

This outing is fully booked and there is a waiting list for cancellations.

### Wednesday 22nd February 2017      The Royal Exchange Manchester backstage tour and optional lunch

There are 3 places available at a cost of £7 p.p. - make your own travel arrangements into Manchester. Please contact organiser by telephone or at the September General Meeting.

## Future Outings for 2017

I think you will agree that this year we have visited a variety of interesting places and already a start has been made on 2017 programme. If you have visited somewhere in the past which you think we would all like please do let us know - we are always open to new suggestions. There will be a short planning session after the 11th October General Meeting and we warmly invite any member to contribute or better still, come and listen to our ideas.

Jenny Summers

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## Dining Group

Thank you to everyone who has joined us for our recent meal experiences. In July we were at The Midway in Stockport. Everybody I spoke too said how good the food was.

### Forthcoming Events

#### Dinner on Thursday 20th October      All Things Nice in Marple

This time the theme is a French night. A three course meal for £20  
Places are limited to 20 so please book early.



#### Dinner on Wednesday 16th November      The Red Lion, High Lane

A three course meal for £20  
Bookings will be taken in September and October.

#### Our Annual Christmas Dinner will be on Thursday the 8th December at The Joshua Bradley on Stockport Road, Gee Cross.

A three course meal plus coffee or tea £20. Bookings will be taken in October and November.  
A £5 deposit to secure your reservation for all Dining experiences will be required at the time of booking; this is non-refundable.

Pat Walker

# New Classes of Physical Activity for U3A members

## 'I WISH I'D TRIED' project

The health benefits of some form of gentle physical activity for older people are well recognised and Stockport Metro. Borough (Community Sports) has agreed to run two x 10 weekly sessions of approx. 45 minutes for us on Friday mornings at St Pauls , commencing **Friday, 16th September**. The cost will be £2 p.p. and all members are welcome to join us for either or both sessions .

We have agreed the following sessions:-

**Fridays: 10.00-10.45 a.m. - Zumba Gold and 11.00-11.45a.m. - Indoor Cricket**

In addition, 10.00-11.00am Thursdays: Walking football (indoor) at Life Leisure Centre (Curzon Road), Offerton SK2 5DS

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### Strolling Group

Tuesday 4th October - To be arranged.

Tuesday 1st November - Reddish Vale Country Park

Meet at 10-30am in the Car Park which is sign posted off Reddish Road (B6167)

Car Park is at the bottom of Reddish Vale Road (1/2 Mile)

Three short walks approx. 1 1/4 hours total

A short section is on grass (This is optional) Afterwards possible drink and get together at the Carousel Pub on Reddish road.

Geoff Fogg

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### Matinee Group

#### Theatre Visits

'Crazy for you' at the Plaza Theatre Stockport on Saturday 29th October at 2-15pm

'Educating Rita' at the Bolton Octagon on Saturday 11th February 2017 at 2pm. Tickets £12 (Coach extra)

'Relatively Speaking' and The ballet, 'Red Shoes' are fully booked but it also worthwhile putting your name on the waiting list as we usually have tickets returned.

*As cheques are not always presented to the bank straight away, it is important to let us know if you have changed your bank account. If your cheque has not been paid in before this change, a charge can be incurred to the Matinee Group Bank Account. So please let us know of any changes, Thank you.*

Jean Howells & Sue Humphris

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### Walking Group

Group Organisers/Co-ordinators

Judy Rhodes - 0161 427 2045

Sue Ward - 0161 312 1621

#### Oct/Nov Walks

Wed Oct 5th	Chinley - South Head	6m	mod+	Jean Mitchell
Tue Oct 11th	Rambling the Runways	7m	easy/mod	Irene Riley
Wed Oct 19th	Saddle of Kerridge -White Nancy	5m	mod	Sue Ward
Tue Oct 25th	New Mills - Birch Vale	5m	mod	Wendy Greenwood
Wed Nov 2nd	Stockport - Cheadle	7m	very easy	Carole McConnell
<i>(Bring bus pass if you have one. Could leave the walk after 4 miles.)</i>				
Tue Nov 8th	Hayfield - Lantern Pike	4.5m	mod	Judith Lynch
Wed Nov 16th	Mam Tor	5m	mod	Sheila Stafford
Tue Nov 22nd	Gawsworth	6.5m	easy/mod	Judy Rhodes
Wed Nov 30th	Broadbottom	4m	mod	John Bloor

New walkers please contact Judy or Sue before attending a walk.

## From the Group Co-ordinators

**Premier Reading Group** - This group now has some vacancies. Ideally we would welcome an additional two members.

We meet on the third Friday of the month at 10:30 in each others homes. We are a friendly group who not only discuss our views of the book we have been reading but also many issues that sometimes arise from our reading material.

Contact Diana Williams on 0161 427 6812

## History Group - History and Manchester Not so Long Ago

HS2 is on the cards to cut the journey time to London, already claimed to be just two hours and ten minutes. But fast, easy travel is fairly recent. It was only some 250 years ago, when my grandfather's grandfather was alive, that a company was set up to speed the journey to London. It advertised a new vehicle, "The Flying Coach", designed to travel "at the incredible speed of four to five miles an hour". The prospectus went on to claim "however incredible it may appear, this coach will (barring accidents) arrive in London in four days and a half after leaving Manchester"

History is full of tit-bits like this. But, more seriously, some of us find exchanging view on historical people and events is both fun and helpful in understanding the world of today.

The Marple Bridge & Mellor U3A History Group is a friendly bunch of people who meet in the morning of the last Friday in each month - and we hope that a few more people will join us. An interest in the past is essential but we meet to gain the knowledge, none is required. Meetings are informal affairs. If we can tempt you to try please speak to any present member of the group or contact me

Alan Watt - Convener (0161 427 1724 or [kittyandalan@waitrose.com](mailto:kittyandalan@waitrose.com))

Kitty Watt 0161 427 1724

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## Local Theatre Group

Here are the next plays the local theatre group will go to see.

Please contact Carol Rice email [i.rice@virgin.net](mailto:i.rice@virgin.net) to book in for the play by the given "book in" date. This will allow for the purchase of tickets in advance.

The MB&M U3A Local Theatre Group will see selected plays from a wider programme of plays produced by local amateur dramatic theatres. If you would like to see another locally produced play, not on the list, then please contact Carol to see if it's possible to go to see this play?  
(Please note the Carver plays are covered by the U3A Matinee Group).

The emphasis is on car share or taxi share or meet up point.

Book in by Date	Date of Play	Play	Venue
3rd September	Weds 5 October	Habeas Corpus by Alan Bennett	Brookdale, Bramhall
3rd October	Mon 7 November	The Vicar of Dibley	Poynton Players
3rd November	Mon 12 December	Kidnapped at Christmas by Willis Hall	Chads, Cheadle

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## Books / C D's / D V D's

We are constantly up dating the books and CD/DVD's so please have a look at the stalls at the monthly meetings.

All the proceeds from the sale of these will go to the charity we are supporting this year, Kinder Mountain Rescue Team

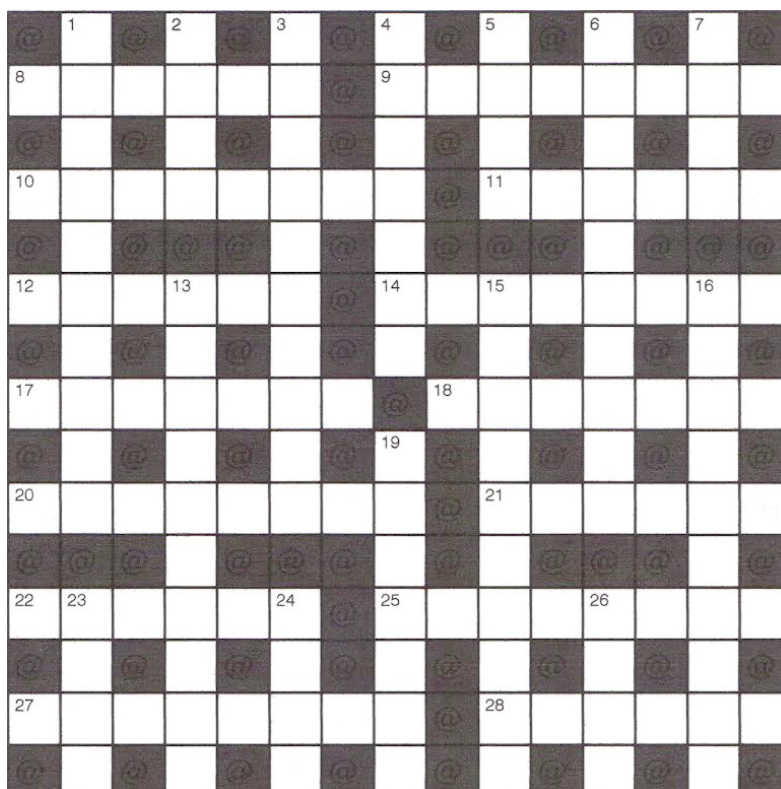
If you have any items you can contribute to the stalls please bring them to the Monthly meetings

# Crossword Compiled by Marple Bridge and Mellor U3A Crossword Group

Geoff Heath

## Clues across

- 8 Plates arranged with basic food (6)  
 9 Thought Enid was dancing around wise men (8)  
 10 Re-open if ordered to begin shooting (4,4)  
 11 Shock! Eyeshade covers game (6)  
 12 Ill-feeling not altogether unknown starting by  
 the ocean (6)  
 14 Queen's reformed Anglican succession (8)  
 17 Lily and Dick endlessly in trouble. Perfect! (7)  
 18 Tolerant, let nine free (7)  
 20 Risk Alan playing for Ceylon once (3,5)  
 21 Sunbed for sixpence (6)  
 22 Gave accommodation to Open University  
 inside adapted shed (6)  
 25 Need solo to become relaxed (8)  
 27 Ammunition in report (8)  
 28 Fun with leg movement can overwhelm (6)



## Clues down

- 1 It's one way to rise if slept badly over  
 the summer (10)  
 2 Odd sip, main spread (4)  
 3 Notice maid changing drugs (10)  
 4 Seaside could produce this illness (7)  
 5 Pledge made in the boathouse (4)  
 6 Consider it might be prudence (10)  
 7 Hear, hear! Not there! (4)

## Clues down (cont)

- 13 Elf less sly, misbehaving altruistically (10)  
 15 Nero quits Europe in error with someone  
 wanting to know why (10)  
 16 Fairy-tale heroine recalled in pantomime (10)  
 19 Align in order for fixing with spikes (7)  
 23 Stirring soup? Call that work? (4)  
 24 Regularly adjust my obligation (4)  
 26 Therefore to be found in earlier gospels (4)

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## Meetings - FUTURE SPEAKERS

20th September	Frances King	" Hope is on the Horizon"
18th October	David Templeman	" Mary Queen of Scots" 1569 - 1584
15th November	Janet Bradshaw	" The gilt on the Gingerbread"

*Unless otherwise notified, the ordinary monthly meetings are held in St Paul's Church Hall, Compstall on the third Tuesday of each month at 9-45am (for coffee and socializing). To enable members to use the bus service, the business of the meeting will start at 10-15 and will finish at 11.45 am approx.*

- \* *When attending a meeting please have your entrance fee ready (£1) preferably in exact money*
- \* *You should show your membership card when booking in at the monthly meetings and at U3A groups and other events.*
- \* *Please do not park near the War Memorial, use the Etherow Country Car Park*
- \* *Please remember to bring and buy books and C.D's at the monthly meetings.*

## CONTACTS

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### **National Office:**

The Third Age Trust

The Old Municipal Buildings

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020 8466 6139

## Charity Event

We raised £946.10 at the August meeting for Kinder Mountain Rescue Team and with the £44.00 from the sale of books and C.D.'s in June and July and a generous donation the total raised so far is £1000.00

## Remembrance Sunday

We had a request from some members that we should lay a wreath on behalf of MBMU3A at the Remembrance Day Service. This year we have organised to do this at the service at the Cenotaph in Mellor on Sunday 13th November at 12 noon. Everyone is welcome to attend, so please come along and show your support if possible.

Across: 8 Staple; 9 Imagined; 10 Open fire; 11 Hockey;  
12 Nausea; 14 Sequence; 17 Idyllic; 18 Lentent;  
20 Sri Lanka; 21 Tanner; 22 Housed; 25 Loosened;  
27 Bulletin; 28 English;  
Down: 1 Stepladder; 2 Span; 3 Medication; 4 Disease;  
5 Oath; 6 Discretion; 7 Here; 13 Selflessly;  
15 Questioner; 16 Cinderella; 19 Nailing; 23 Opus;  
24 Duty; 26 Ergo.

Crossword Solution

This Newsletter appears bi-monthly. The next edition will be published November 2016

Please send items for publication by email or disc in Microsoft Word.

to Malcolm Moss,

**Email: [newslettereditor@mbmu3a.org.uk](mailto:newslettereditor@mbmu3a.org.uk)**

Any stories, articles or photographs of interest to members are welcomed

You can read all issues of the newsletter on our website [www.mbmu3a.org.uk](http://www.mbmu3a.org.uk)

**All contributions for the next edition of the Newsletter should be received no later than Friday, 4th November**